

Le dodo

Petit à petit

The ten sentences that turn lights-out into French, every single night

01 *C'est l'heure du dodo.*

It's bedtime.
say-LEUR du do-do

02 *On met le pyjama.*

Pyjamas on.
on may luh pee-zha-ma

03 *Un bras... et deux.*

One arm... and two.
uhn bra... ay DUH

04 *On brosse les dents.*

Let's brush your teeth.
on bross lay DAHN

05 *Tu choisis un livre ?*

Do you want to choose a book?
too shwa-ZEE uhn LEE-vruh

06 *Encore une page.*

One more page.
on-KOR oon PAHZH

07 *On éteint la lumière.*

Lights out.
on ay-TAN la lu-MYAIR

08 *Fais dodo.*

Go to sleep.
fay do-do

09 *Je suis là.*

I'm here.
zhuh swee la

10 *Bonne nuit, mon chéri.*

Good night, my darling.
bon NWEE, mon shay-REE

Where to put this

On the bedroom door or beside the bed, so it is in front of you while your hands are full. Under two, at your eye height. Two to four, where they can point at it. Four to six, hand it to them and let them call bedtime.

How to use it

Start with line one only, said from the doorway, same spot every night. Add the next line when the first says itself. The italic green is how it sounds, with the stressed syllable in capitals.

Plant a few words tonight

Hear every line spoken at petit-a-petit.com/rituals/bedtime-in-french